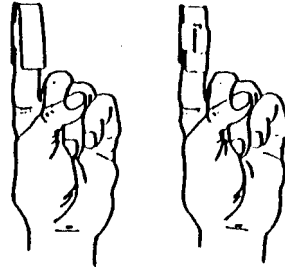


“Exorcising” Warts using “Ducto-therapy”

For stubborn **warts** around and under the fingernails, use the following method that I call “ducto-therapy”: Get a roll of shiny, electrical (duct) tape and cut it in strips of one inch.



Completely wrap the wart with 2 “layers” of the duct tape. (See Figure) Make it airtight. Do not wrap too tightly. Leave on for 6½ days. Remove for half a day. Repeat the entire procedure — 6½ days on, ½ day off. After several weeks, the wart becomes smaller, soft and mushy, gets “tired,” and disappears, leaving no scar. Treat only one digit at a time; the largest first.